

CERTIFICATE

OF PARTICIPATION

This is to certify that

Denise Sheppard

Has successfully participated & completed the

5km Eastern Nights Trail Run #6

held at Benoni Country Club.

TIME 00:27:53

PACE 05:33/km

OVERALL 8 of 131

12 December 2019, Thu

Date

GENDER 2 of 75

OVER 40 2 of 34



BoutTime

Signature